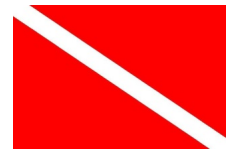




Roatan, Honduras Itinerary July 2-9, 2016



Print and take a copy of this form with you on your trip. Also leave a copy at home with a friend or relative.

First of all - we would like to thank you for signing up for this trip and supporting Scuba Professionals of Arizona! We sincerely hope that you have a fantastic and memorable scuba adventure. Any time during the trip if you have questions or concerns, please share them with the staff so that we may immediately address those issues. At the end of the charter we will be emailing you a trip survey, please take a moment upon your return to Phoenix to fill it out and share your feedback.

Pre-Trip Meeting Date

Our pre-trip meeting is Wednesday, June 22, 2016 at 5:30 pm here at Scuba Professionals of Arizona. At this meeting you will meet the staff for the trip, bring your liability paperwork (***please do not sign until the meeting***) and review trip details. If you are not able to make this meeting please review this document carefully and call us if you have any questions.

Date to Arrive / Times

You need to make your airline tickets so that you arrive the morning of Saturday, July 2nd. Check in at the resort is after 12 noon.

Date to Depart / Times

Your return airfare should be booked after 12 noon to return the morning of Saturday, July 9th. Check out at the resort is 11 am.

Airlines that travel to Roatan

At the time of creating this document, Delta, United, American Airlines are offering round-trip flights.

Emergency Contact Information for the Resort

From the USA dial 011 then (504) 9885-0840 for the resort. WiFi is available at the resort, so you should be able to use skype or FaceTime from your smart phone as well as emails.

Scuba Professionals of Arizona Trip Leaders:

Scuba Professionals of Arizona (Tina Lowe) 602-314-6650

What is included with the trip package?

- 7 nights at Turquoise Bay Dive and Beach Resort double occupancy
- ALL meals daily
- Non-alcoholic drinks – sodas, coffee, tea, water, cocktails with no alcohol, juices. (Available from 10am to 10pm)
- 6 days of 3 tank boat dives
- 1 night boat dive per week
- Access to computer – one hour free/week
- Free Wifi 24/7
- Unlimited use of Kayaks and Pedal boats
- Welcome drink
- Transfers to and from airport
- Hotel taxes
- Diving assistance

What is **Not** Included?

- Roundtrip Airfare Phoenix to Roatan
- \$40 USD departure tax
- Tips for boat crew, waiters and maids
- Additional diving / land excursion packages (zip lines, animal preserve, island tours, etc.)
- Personal Equipment (Mask, Fins, Snorkel, Boots, Gloves, Environmental Suit)
- Scuba Equipment (BCD, Regulator, Computer) – rentals available from Scuba Professionals of Arizona
- Anything else not mentioned under “what’s included”
- 19% tax on most purchases (credit cards may be higher!)

Water Temperature

The water temperature in Roatan is tropical ranging from 79° to 84 °.

What type of Environmental Suit do I need?

We recommend at a minimum, a 1-3 mm wetsuit depending on your body build, cold tolerance and physiology. Hoods are also recommended if you tend to get cold.

Documentation

A current United States passport with an expiration date of 6 months or more from our travel dates is needed. Travel visas are not required for trips under 30 days for U.S. Citizens. If you are from a different country, please check the state department’s website at www.state.gov for more details on documentation.



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Cylinders / Weights

Standard Air Cylinders are provided. If you are certified to dive Nitrox, Nitrox cylinders are available \$10 each or \$119 for the week. Please let us know to reserve Nitrox for you if desired. Weights are provided.

Clothing / Toiletries

Please bring casual, comfortable clothing and a pair of comfortable walking shoes. Bring your necessary toiletries. Hairdryers are provided in the room. Beach towels are available from the front desk.

Tips

The boat crew will work hard to help you on-board, changing cylinders, analyzing nitrox and assisting us during the dives. Tipping is a very personal choice and should reflect the level of service you received. We suggest an average tip of \$60 to \$120 for the week, with more being acceptable if you so choose. The tips are collected at the end of the trip and given to the captain to be divided equally among the crew. **We ask that your tips be in cash.**

Since the food is included with our package, tipping of the waiters is a nice idea. Usually \$5-10 per day. Once the waiters get to know you, they will help you ten-fold! Maids are usually tipped \$5 per day. More or less depending on how you feel the service has been.

Rooming Options

Our trip package is based on double-occupancy. Single occupancy is an additional \$500. Non-Divers please subtract \$100 from your trip package.

Meals

Turquoise Bay Resort provides a la carte or buffet meals depending on the number of guests at the resort. If you have any special dietary needs, please have your group leader discuss this with the resort. The food has a Latin flare to it, but is full of flavor and is delicious!

Special Dietary Needs?

We need to alert the resort if you have any special dietary needs. You are also welcome to bring along some snacks if you desire, please leave them in the original packages and sealed for customs. Please let us know as soon as possible if you have any dietary needs.

Alcoholic Beverages

Alcoholic beverages are not included but are available from the on-site bar and restaurant. Please drink in moderation. Please be aware that diving will not be allowed if you are hung over or under the influence. Safety comes first!

Smoking

Smoking is permitted outside in the common areas. Please use the ashtrays or dispose of the cigarette butts responsibly. Please be considerate of those who may prefer a non-smoking environment.

Photography

We encourage both video and photos! Rinse buckets are available on the dive deck near the exits. Your room is equipped with electrical outlets (110 volts) to recharge your electrical items. You can also use the common area tables to work on your equipment after meals are served and the area is cleared.

We would love if you would be willing to share some of your pictures with us so that we can post them on Facebook and our website. If you would like to share your photos at a club meeting (3rd Tuesday of every month @ Dillon's BBQ Arrowhead restaurant) you can bring a CD with your photos. Please format your pictures as either MP4 or Window Media File.

Hunting / Spearfishing

Hunting and fishing is not usually available for tourists while scuba diving. Please see the concierge / activities desk if you are interested in booking a sport fishing trip.

Dive Times

The dive boats are accessible with just a short walk to the pier. You need to be at the dock getting your stuff ready to board the boat 30 minutes prior to the departure times of 8:45 am, 10:45 am and 2 pm.

Night Dive

Depending on weather, we are scheduled for one night dive. Each diver will need two flashlights along with a marker light (not a chem stick).

Gear Lockers

The Dive Shop has hangers available for both your suits and bcd. Adjacent to the dive shop lockers will be assigned for you if you choose to store your equipment there after dives are done for the day. This room is locked when the dive shop is closed.

Emergencies on-board

The dive boats are equipped with a first aid kit and oxygen. The crew will assist with the emergency and notify local authorities if needed. There are hospitals on the island as well as recompression chambers.

Trip Insurance

Trip insurance is highly recommended. Varying packages are available that will cover you in the case of an illness, lost luggage or injuries. Please see www.diveassure.com for more details and pricing. Please select Scuba Professionals of Arizona as your dive store.



Roatan, Honduras Itinerary

July 2-9, 2016



Equipment you need to bring:

- Mask, snorkel, fins, boots, gloves, hood
- .5, 1 or 3 mm wetsuit depending on your cold tolerance
- BCD, Regulator, Computer
- Knife or dive tool
- 2 Flashlights and a marker light for night dives
- Additional items in your first aid kit and/or save a dive kit

How far is the resort from town?

Approximately 15 minutes from French Harbour and 45 minutes to West End where you will find a variety of bars, restaurants and shops. The sunset is spectacular from West End.

Transfers

Round-trip transfers are included to/from the airport. **We must have your itinerary to help the resort arrange these transfers.** As soon as you have booked your flights, please update us with your itinerary.

Swimming Accessibility

The resort has both an on-site fresh water pool as well as a private beach.

Bug Issues?

The resort tries to control the mosquito and sand flea populations. We recommend bringing a pump spray (non-aerosol) bug spray containing DEET.

Is the Water Safe To Drink?

The tap water is safe to use for brushing teeth and bathing, but it is recommended to drink bottled water or the purified water the resort will provide in the rooms and restaurant.

Laundry Service

Laundry service is available

Rental Cars

If you would like to rent a car to explore the island, the rates start at \$55 per day. This island is easy to navigate but please use caution due to the many hills and winding roads.

Phones / Internet

Phones are available in all rooms with access to both local and international calls. A credit card imprint will be required at check-in.

ATM / Currency

There is not an ATM machine at the resort. The ATMs and Banks are available at the airport as well as French Harbour and West End. The ATMs will dispense Lempiras (Honduran Currency). Many businesses will accept US Dollars but give change in Lempiras. Please do not bring large bills. At the time of printing this document \$1 U.S. Dollar = \$21.65 Honduran Lempiras.

Electricity

Electricity is 110 volts the same as in the United States.

Airport Departure Tax

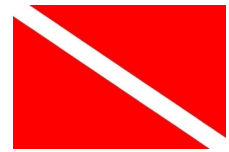
There is an airport departure tax of \$37 U.S. per person. This fee must be paid in cash either US Dollars or Lempiras.

Credit Cards / Documents

Please alert your credit card companies that you will be traveling abroad. With heightened security these days, your credit card may be frozen! It is also recommended to make a copy of your credit cards, certification cards, and passport to leave at home with someone you trust. In case any of your cards or documents are lost – you will have access to at least a copy.

Safety Deposit Boxes

Many of the rooms have safety deposit boxes in the closets. Otherwise the front desk has them available for use.



Dive Sites

Dolphin Den

The shallow cave like swim-through Dolphin Den takes you from the inside of the reef to the outside. The maze of tunnels and caverns is so extensive that you can spend your whole dive inside. It is simple enough not to get lost. There are plenty of openings in the ceiling to make this dive safe, still one may want to stay close to his dive buddy.

Inside the cavern one may find thousands of silversides and other creatures like moray eels. The silversides seem to have been the reason for the tragic death of a pod of dolphins whose remains was found inside the cavern. They must have followed the silversides inside and got disoriented.

Depth range: 5 – 12 meter (15 – 40 feet), Experience required: Intermediate



Underground

Located alongside one of the channels through the reef, this dive site turns into a tunnel at 20ft with numerous cracks letting sunlight stream in, opening out into the deep channel reaching 80ft, where you can find starfish, anemones & rays.

Depth range: 5 – 25 meter (15 – 80 feet), Experience required: Beginner, intermediate for swim-throughs.

Sponges

At this amazing wall you can find many different sponges and corals including huge barrel sponges and spectacular pillar corals. The drop-off is at 60 feet and drops to 180 feet. Very often there are turtles, nurse-sharks and eagle rays passing by, as well as morays. During the dive it is common to find several cleaning stations, and the safety stop has some beautiful elk horn.

Depth range: 5 – 40 meter (15 – 130 feet), Experience required: Beginner

Labyrinth

There's something for everyone at the Labyrinth, it starts with a shallow area of 40ft perfect for beginners and slowly slopes down to 60 feet. Hidden in a big hole in the rock, a spotted drum patrols his territory among schools of glassy sweepers. The sandy canyons winding through towering rock formations provide thrilling swim-throughs.

Depth range: 5 – 18 meter (15 – 60 feet), Experience required: Beginner, intermediate for swim-throughs.

Fish Spot

This site has two names it was named the view as it is directly out from the view restaurant. It has also been named fish spot for its abundant amount of fish around the top of the reef between 15 to 20 feet.

Depth range: 5 – 25 meter (15 – 80 feet), Experience required: Beginner



Sea Star Channel

This site is ideal as training site as we begin our dive in the sandy shallows at around 7ft, we weave our way through the shallow corral heads to the west and down into the channel. The channel has got its name from the abundance of cushioned sea stars that lie in the base of the channel, this is a good area for spotting southern sting rays which on murky days are many. Follow the channel out keeping to the slope in your right hand side the sand slope soon turns into coral heads which multiply until you reach a shallow wall at around 25ft, follow this till you reach an entrance between two coral heads which take you into a wide canyon bowl. Around the entrance we have seen eagle rays on numerous occasions. The middle of the bowl goes down to around 80ft and the topography inside changes into a rocky environment, look under the rocks for toadfish. After exploring inside the canyon bowl, take the same route back.

Depth range: 5 – 25 meter (15 – 80 feet), Experience required: Beginner

Odyssey Wreck

Roatan's biggest wreck lies at 110 ft in a big sand patch next to a beautiful reef wall. The bow of the wreck is sitting upright while the superstructure of the stern is sitting at a 30 degree angle which makes swimming through it quite interesting. The midsection has collapsed from the powerful surge of several cold fronts.

Depth range: 18 – 40 meter (60 – 130 feet), Experience required: Advanced



El Aguila Wreck Dive

A 210' cargo boat perfectly sunk at 100 feet of water on a sandy bottom full of deep garden eels. It has been adapted for penetration diving so you can descend onto open large compartments where you can surprise a number of fish in their homes. Adjacent to the boat runs the wall to finish off the dive among the shallow water tropical fish. When El Aguila sunk in 1997, it was upright in 110 feet of water. In October 1998, Hurricane Mitch arrived and battered the north shore, breaking it into 3 pieces but Mitch provided a service to the wreck divers of Roatan. The 3 pieces created extra nooks and crannies to investigate.

Depth range: 18 – 40 meter (60 – 130 feet)
Experience required: Advanced